

PLAY – 9 to 18 Months

Activities You Can Do With Your Young Child Today

- ◆ Sit with your baby with a large mirror. Make funny faces in the mirror. Talk to your baby as you both look in the mirror.
- ◆ Take a muffin tin and cut up some paper towel tubing. Encourage your baby to put the tubing into the sections of the muffin tin.
- ◆ Stack and stack again. Your baby will love stacking and putting little cups inside of each other. Use measuring cups, or stacking toys from the store, or even your plastic bowls.
- ◆ Babies love water play. Put a small tub of water outside so your baby can splash and play with toys in the water. Sit with your baby as she plays and splashes.
- ◆ Peek-a-Boo is still a favorite game for your baby.
- ◆ Your baby loves to put things in and take things out. Get a box or laundry basket and fill it with safe and fun items: scarves, plastic cups, paper, soft balls, scraps of fabric, and tubes from paper towels. Your baby will spill and take out and carry around and push.
- ◆ Don't forget the outside. Take your baby out often. Take a walk and point out and name everything. Play with baby in the grass. Find a small hill and let your young toddler run down the hill and walk up the hill. Smell the flowers, touch the bark of trees, discover nature.

