

LAUGH – 19 to 36 Months

Activities You Can Do With Your Young Child Today

- ◆ Hide and seek can be a hilarious game if you act like you can't see your child. You can even move them around like they are pillows or furniture looking for them. At the moment of discovery the joy can be shared with lots of laughter and excitement.
- ◆ Dancing is a wonderful way to expend energy and have fun. You can dance like a cat, a bear, a dinosaur, an old granny, a robot and many other things.
- ◆ Making animal noises is a delightful and fun way to have fun together and can make a car trip more fun. There are common animals like dogs and cats to imitate, but you can go beyond common barnyard and household animals and even include some quiet creatures.
- ◆ Bathtime is a great time for laughter. Just using a washcloth, measuring cups or spoons as well as any bath toys can make for imaginative play that is amusing. Set a routine that ends with chasing the water down the drain-- slow slow slow, then fast fast fast—will become something that your child will look forward to doing.

